



## August 2020 Newsletter

### Last Month of Summer!

*Let's enjoy every moment!!!*



Dear Parents,

We are having a GREAT summer! Last month was filled with lots of fun activities. We stayed cool outside playing in the sprinklers and got to see and touch lots of awesome reptiles. We are heading into the final days of summer. School will be starting soon, and the children will be back hard at work

Please remember to let us know if you will have any changes to your child's schedule. We know lots of family's travel or take vacations in August and it's helpful for staffing if we can plan ahead. Please notify us of any changes you or your child may have like phone numbers, address, health information or any other contact information.

**Please see attached letters regarding rate increases and Stroudsburg Area School District 2020/21 hybrid learning.**



**Pocono Cheesecake Fundraiser July 30<sup>th</sup> thru August 20<sup>th</sup>**



**Pre-K Graduation Aug 12<sup>th</sup> at 6:00 pm**



*I love how summer just wraps its arms around you like a warm blanket. - Kellie Elmore*



### Dates to Remember

- Aug 5<sup>th</sup> – Making S'mores
- Aug 10-14<sup>th</sup> – Mr. Mysterio Magic Show
- Aug 12<sup>th</sup> – Graduation
- Aug 13<sup>th</sup> – Ice Cream Party
- Aug 18<sup>th</sup> – Taco Tuesday & Burrito Day
- Aug 24<sup>th</sup> – Movie Monday with PJ's & Popcorn
- Aug 25<sup>th</sup> – Crazy hair & clothes day!
- Aug 26<sup>th</sup> - Dress as your favorite movie character day
- Aug 27<sup>th</sup> - Pizza day!
- Aug 28<sup>th</sup> - Field day!

### August Birthdays

- Aug 2<sup>nd</sup> – Miava F
- Aug 11<sup>th</sup> – Cameron S
- Aug 13<sup>th</sup> – Eriel R
- Aug 24<sup>th</sup> – Ms. Eryn



# CLASSROOM NEWS!!!

## Infant Room News:

There's lots going on in the infant room! Dakota has been standing up on her own for a few seconds at a time. Cooper and Declan have been working on and enjoying a bit of tummy time on our new water mat. Jennessy enjoys trying to help with the babies. As we say goodbye to our friends Azaan and Eleni, we wait for new babies to begin. We will continue singing songs and looking at picture books along with starting to learn a few words in sign language.

-Ms. Amanda M & Ms. Alyssa C



## Preschool Room News:

I can't believe another month has passed. What a great month July has been. We made new friends, Sammy, Eliana and Avery; and welcomed back old friends like Syllas. We have all had a lot of fun playing in the sprinklers, learning about the beach, the ocean and the rainforest. We will continue working on our social / emotional aspects like sharing and using our kind words. Another great accomplishment is Sammy is recently potty trained, yay! Preschool is looking forward to another great month.

-Ms. Alyssa A



## WELCOME OUR NEW STUDENTS & STAFF!!!

We would like to welcome all the new students that started this past month. Let's please welcome Cayden K, Avery O and Peyton B.

We are very happy to have you join our Bright Beginnings family!



## AUGUST WEEKLY THEMES

Week 1: Camping



Week 2: Local Wildlife



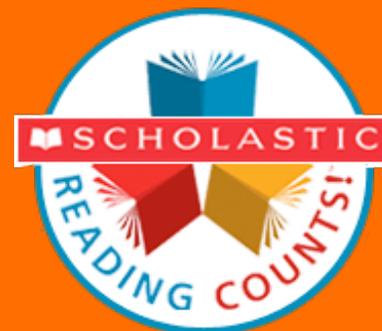
Week 3: Fiesta Week

Week 4: End of Summer



## SCHOLASTIC BOOKS ORDERS!!!

We will be doing our monthly Scholastic Book orders again! This is a great way to get some children's books for your child's collection and help us earn free books for the school! Orders are due the 15<sup>th</sup> of the month and shipped right to the school for easy pick up. You can order using the order forms or online.



# CLASSROOM NEWS CONTINUED!!!

## Waddler Room News:

The month of July sure went by fast and all the children are growing and learning great things! We have noticed that Mason is saying kind words like thank you and bless you. Great job Mason! We also said goodbye to our friends Marcus and Evelyn as they moved up to the toddler room. We welcome Azaan and Eleni to the Waddler room. Some things the children are enjoying are water play and sorting seashells in the sand box. Parents, please remember to label all of your child's belongings. Thank you

-Ms. Laura & Ms. Taylor



## Pre-K Room News:

July was spectacular! We had so much fun with sight words, learning more or less and using rulers to measure how long things are. We enjoyed transforming our classroom into a jungle and now it's time to prepare for graduation. The kids are working hard on their songs to sing for graduation. I can't believe it's that time of the year again! Boy does time fly when you're having fun.

-Ms. Virginia



## Toddler Room News:

We know how uncertain these times are so let us tell you about how amazing the toddler class is! We welcomed Marcus and Evelyn this past month! Although we are sad to see some friends go, like Sammy, we know they are going to do amazing in the preschool room. Our class has really been enjoying bubbles and our new flash cards. We are learning animals like raccoon and squirrel. We've been loving to share and have been reading books about hugs and friendship. Our overall favorite animal has been a shark and we like to chase each other while pretending to be one. We are full of surprises and can't wait to see what next month brings.

-Ms. Kimmie & Eryn



## Summer Camp

With August rolling around, it means that summer camp is unfortunately coming to an end. The kids have been having so much fun and we plan on continuing all of our activities and sprinkler play. We hope you are all enjoying the pictures and crafts. This month will be our end of the summer party so we can end things right. We will be trying our best to prepare the kids for the school year while we enjoy our last month of summer.

-Ms. Amanda D & Ms. Chiara



## REFERRAL PLAN

Invite family or friends to visit our center. When they enroll with us you earn \$50 in cash or a \$50 credit towards your next invoice.



## 10 reasons a daily routine is important for your child

### **1. Helps your child get on a schedule**

Consistent routine will help your child and their “body clocks” with many day-to-day basics such as:

- Ability to take naps and sleep well at night
- Ability to eat healthy, full meals
- Regular bowel movements
- Healthy play and outdoor time
- Calm, relaxed behavior at “down times” during the day

For example, because your child and their body know it’s time to sleep, they are more easily able to wind down and rest.

### **2. Bonds the family together**

When a child knows what to expect and notices regular family activities, they begin to understand what’s important. This strengthens shared values, beliefs and interests.

The child, for example, might notice that eating breakfast together on Saturday mornings is important. They can see that family time together is special. Even if your child is young, they will pick up on these traditions. The family bonds together by doing regular, important things together.

### **3. Establishes expectations**

Rather than having a power struggle about picking up toys at the end of the day or taking a bath, a child becomes accustomed to knowing when “pick up time” and “bath time” are. Children begin to expect and complete activities without issue. As the parent, you become a partner in that routine, rather than the person who is telling the child to “do this” and “not do this.”

### **4. Creates a calmer household**

Because the child, and other family members, know what to expect, stress and anxiety are reduced. The child will know what comes next. They will feel valued because they are included in the plans and don’t feel as if they’re being forced to do something.

### **5. Gives your child confidence and independence**

With a routine, a child will learn over time when it’s time to brush their teeth or put on their pajamas. They will take pride in knowing what they are supposed to do – and doing it by themselves. Rather than always being told what needs to happen, your child will feel confident to go ahead and be in charge of themselves. When children feel empowered and independent, they are less likely to rebel or retaliate.

*Continued on next page*

## **POCONO CHEESECAKE FUNDRAISER**

From July 30<sup>th</sup> thru August 20<sup>th</sup>, we are having our 2<sup>nd</sup> annual Pocono Cheesecake Fundraiser! Our goal is to sell 300 cheesecakes which will help us make enhancements to our playground area. Help us reach our goal and see if family, friends and/or coworkers want to order a delicious cheesecake or 2!



## 10 reasons a daily routine is important (continued)

### **6. Establishes healthy, constructive habits**

From brushing teeth regularly to completing homework every afternoon, routines help establish constructive habits. Children who practice these skills will be able to better manage their time. As they age, they'll have more self-discipline in terms of healthy grooming and eating habits, along with studying and cleaning their rooms.

### **7. Helps you (the parent) remember important things**

Whether it's ensuring your child takes their medicine every day or remembering to pay the bills every month, a routine helps you stay on track. In the midst of busy family life, you'll be able to keep track of the important details – allowing for a more stress-free household and quality time together as a family.

### **8. Offers your child an opportunity to get excited about what's ahead**

If your child knows what's on the schedule, they anticipate and look forward to future events – such as going to the park on Friday afternoons or spending time with Dad on Sunday mornings. When these activities are established, your child feels like a loved part of the family and the world.

### **9. Provides opportunity for special “daily rituals”**

When you build something into your day, like snuggling and reading to your child before bed, you instill special moments or “daily rituals.” These dedicated times create increased bonding and connection with your child every day. Rather than just moving from one activity to the next, you have quality, relaxing time built into each day.

### **10. Offers stability during times of change or stress**

Changes and stresses impact a child's life and sense of security, such as a divorce, change in school system or addition of a new sibling. When the family has an established a routine, normalcy is present in the child's life, no matter what is going on. A child finds calmness, stability and love through elements of routine, such as family dinners or regular Thursday trips to the playground.

### **The Importance of Flexibility**

While establishing and maintaining routine has a wealth of benefits, it's vital to also remain flexible. Spontaneity and creativity are important factors in a child's life. For example, the breakfast dishes can wait if there is an exciting animal in the backyard or a special Saturday carnival happening in the city. Remember to stay sensitive and adaptable to the needs of each child (and adult). When a schedule becomes too regimented or strict, the benefits will be reduced, and children may feel controlled by it rather than freed by it (which is the ultimate goal).

*Excerpt from <https://riseandshine.childreznational.org/>*

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# A LOOK BACK AT JULY EVENTS



## YOUR FEEDBACK

We appreciate the wonderful feedback we have received so far! Thank you so much! Please support us by sharing that great feedback with others by giving us a 5-star review on our [website](#) or on our [Facebook](#) page. Thank you for your help and for being a part of our Bright Beginnings family!



July 31, 2020

Dear Bright Beginnings Families,

Bright Beginnings is always striving to ensure excellent care of your children. With excellent care and qualified teachers always comes added expenses. We have evaluated our tuition rates and have determined that it is necessary to add a small increase to the tuition fees effective August 31, 2020. We are adding \$5 to all weekly rates. Our new tuition rates are as follows:

**FULL TIME**

Infants	\$205
Waddlers	\$180
Toddlers	\$180
Preschool	\$165
Pre-K	\$165
School/Summer Camp (school agers)	\$165
Before and After (school agers)	\$115
Before care (school agers)	\$65
After care (school agers)	\$65

**PART TIME (3 DAYS PER WEEK MIN)**

Infants	\$60 per day
Waddlers	\$55 per day
Toddlers	\$55 per day
Preschool	\$50 per day
Pre-K	\$50 per day
School/Summer Camp (school agers)	\$50 per day

Note: Late fees will remain the same as per our parent handbook.

Families who are enrolled with ELRC (subsidy program) will continue to pay your co-pay on a weekly basis due every Monday.

Should you have any questions please feel free to reach out to us.

Thank you,

Ms. Dina  
Bright Beginnings



July 31, 2020

Dear School Age Families,

The Stroudsburg School District has posted their reopening plan on the district website. We are requiring all families of our School Age Children and Pre-K children moving to Kindergarten to please let us know as soon as possible what your plans are in regards to the upcoming school year so we can determine our plans and enrollment roster. We plan to open our school age program full time to assist our families with their needs. Once we know how many children we will have enrolled in our full time program we will send out a detailed plan.

The Stroudsburg School District is planning to use a hybrid method which means the students will only be attending school 2 days a week. Half the students will attend school on Monday and Tuesday, school will be closed on Wednesday for cleaning, and the other half of the students will attend school on Thursday and Friday. The days the students are not in school they will be learning remotely.

While attending Bright Beginnings, children can work on their schoolwork via the school's district remote learning program. Children will be permitted to bring their supplies and chrome books to the center to do their schoolwork. We will have a daily schedule where all children will be working on their schoolwork. We will assist the students with their schoolwork and questions; however, parents are responsible to make sure the work is complete and submitted to the teachers on a daily basis. **Bright Beginnings will not be responsible for grades or late/missed work.** We will provide our Wi-Fi password to the students with chrome books for the completion of schoolwork only. We will not allow students to be on their chrome books all day to play games. We also are asking all parents to make sure the chrome books are charged every night due to the limited supply of outlets and charging stations. Students will be responsible for their chrome books. Please make sure all chrome books are labelled. **Bright Beginnings will not be responsible for any electronics brought to the center. If your child breaks their chrome book or personal computer, we will not replace it.**

Due to the limited amount of space and staffing, we are only able to offer care during the school year for children in the Stroudsburg School District. Exceptions will be made to families who are already enrolled at the center or have younger siblings at the center. These exceptions will be determined on a case by case basis and must be approved before August 20<sup>th</sup>.

Please let us know as soon as possible if your child will be attending the center for remote learning and if your child will be coming to the center for the before and after program the two days attending school. Once you have your child's bus schedule and number please provide it to us.

We know this will be a challenging fall for school agers but we will assist you in every way we can.  
“Challenges are what makes life interesting. Overcoming them is what makes life meaningful”.

Should you have any questions please feel free to reach out to us.

Thank you,

Ms. Dina  
Bright Beginnings