



May 2021 Newsletter

MAY FLOWERS ARE HERE!

Spring is in full force, kind of!!!



Dear Parents,

April showers bring May flowers! Well, we have had rain (and even a little snow) and the spring flowers are definitely blooming! The bees have been very busy, and the bugs are starting to come out. We finally get to spend more time outside, and the kids love this! They love running around in the fresh air, feeling the sun on their faces - I know I do!

With spring here in full swing, it will be time to hand out our sunscreen permission forms and to make sure your child has sunscreen here for us to put on. Be sure to label the sunscreen with your child's name on the bottle. We will also be sending home any winter clothes from children's cubbies in the next couple of weeks. Please send in appropriate spring/summer clothes to keep at the Center.

Summer is right around the corner. We are in the process of planning a fun summer camp program for our school age kids. We will be having sign up sheets available starting in May so keep a look out for this information!

Looking forward to another fun Bright Beginnings summer endeavor.

Happy Mother's Day: Bright Beginnings wishes all our mom's a very happy Mother's Day. For all that you do, every day should be Mother's Day! Join us on May 7th @ 2:30pm for Mother's Day Tea!



Dates to Remember



- May 5th – Cinco de Mayo Party
- May 6th – Picture Day
- May 7th – Mother's Day Tea @ 2:30pm
- May 12th – Frog Jumping Day
- May 13th – Pre-K Graduation @ 6:30pm
- May 19th – Plant a Vegetable Day
- May 26th Ryan the Bug Man @ 10am
- May 31st – Memorial Day, Center Closed

May Birthdays

- May 1st – Azaan S
- May 3rd – Ava O
- May 5th – Juliana L
- May 6th – Evelyn N
- May 9th – Brett M
- May 16th – Aden T
- May 20th – Ms. Maddie
- May 29th – Ms. Daya



MEMORIAL DAY

Bright Beginnings remembers and honors all the men and women who have given their lives in defense of our nation.



WELCOME OUR NEW STUDENTS!!!

We would like to welcome all the new students that started this past month. Let's please welcome Brett M, Dylan F, Zachariah P, James T, Leia I, Bella W. We also welcome our new Infant teacher, Ms. Brittany.

We are very happy to have you join our Bright Beginnings family!



WE LOVE LEARNING!

MAY WEEKLY THEMES

Week 1: Butterfly Life Cycle

Week 2: Frog Life Cycle

Week 3: Plants & Seeds

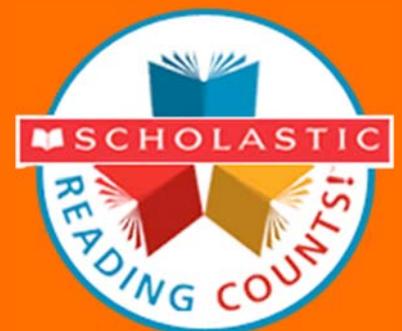
Week 4: Bugs



SCHOLASTIC BOOKS ORDERS!!!

We will be doing our monthly Scholastic Book orders again!

This is a great way to get some children's books for your child's collection and help us earn free books for the school! Orders are due the 15th of the month and shipped right to the school for easy pick up. You can order using the order forms or online.



CLASSROOM NEWS!!!

Infant Room News:

This past month we said goodbye to our older babies who went to the Waddler room. We wish them well on their new journey. We now adjust to the baby room being a baby room. Our new babies, like Natalia and Asher are beginning to smile and McKenzie is starting to hold toys. Our older babies are on the move with Garrison scooting backwards on his belly and Alora is pulling herself up and crawling all over. The weather is getting nice so we will be going out for walks when we can. We all love the fresh air!

Ms. Amanda & Ms. Jessica



Toddler Room News:

Spring has sprung! Now that it will be raining more often, we ask that every child has play shoes for our potentially muddy playground and lots of extra clothes. We were so sad to see Peyton go to preschool, but we are so excited that Hazel has joined our crazy class! Another girl in the room (making it 9 girls) with Marcus and Mason being the only boys. We all know that toddlers feel emotions very strongly. We have been working on labeling our feelings and using our words. We have noticed great improvements and less tantrums! We recommend that our families continue this at home. Go Toddlers!

Ms. Kimmie & Ms. Daya



Waddler Room News:

This month sure went fast. The children are really enjoying the warm spring weather and spending time outside on the playground. We said goodbye to Hazel as she moved up to the toddler room and we say hello to our new friends Alayah and Brett. The kids really enjoyed hunting for their Easter eggs, did great having their eyes examined and most recently making a bird feeder to bring home and hang up. We will continue working on cleaning up (though not as fun as making the mess) taking turns and using our words and gentle hands. They are all really starting to say many words! As always if you have any questions or concerns, please reach out us.

Ms. Laura & Ms. Stacey



Pre-K Room News:

Spring is finally here, let's cheer and enjoy the rest of the school year. We will continue learning our letters, completing colorful art projects, and having some outdoor fun. We will be having an early graduation this year (May 13th) so we will be practicing our songs for this celebration. Our learning never ends so we will continue preparing for kindergarten throughout the summer so we won't forget all we have learned. We would also like to welcome Sammy that's moving over from Preschool and 2 new friends that just started, Dylan and Leia. Let's end the school year with a bang! Finally, we want to welcome Ms. Emily moving over from Preschool to join me as she will be taking over the Pre-K class. I am sad to say that I will be moving out of state after graduation. I wish you and your kids all the best!

Ms. Virginia & Ms. Emily



REFERRAL PLAN

Invite family or friends to visit our center. When they enroll with us you earn \$50 in cash or a \$50 credit towards your next invoice.



CLASSROOM NEWS CONTINUED!!!

Preschool Room News:

Spring is in the air! We are so excited to be spending more time outside and have planned more outside activities. We would like to remind everyone to please label all belongings including jackets, hoodies, and sweatshirts. We have been working hard at learning our letters and have made some progress. We will continue with learning to recognize our letters as well as write our names and recognize our numbers. Our whole class is almost all potty trained! A couple more kids are working on this – we've got this preschoolers! We would like to welcome Peyton from the toddler room as well as wish Sammy the best of luck as he moves up to the Pre-K class.

Ms. Eryn



School-Age News:

May is here, which means there is only a little over a month left of school. Cinco de Mayo falls on a Wednesday this year. We will celebrate this event with some fun ideas! One of our themes in May is the life cycle of the butterfly, we are excited to have our own class caterpillars to watch grow and emerge as butterflies! We will be having sign-ups for our summer camp program later this month, so keep an eye out for this information.

Ms. Amanda, Ms. Nicole & Ms. Maddie



Teacher Appreciation

Bright Beginnings is truly blessed to have the teaching staff that we do! Every teacher is a shining example of what a great teacher is. But what makes a good teacher? How do you know if a teacher is truly great? Teachers are creative, can think on their feet and are never not thinking about teaching. They are ever-observant and take mental notes on how life experiences can be turned into a lesson plan for 'their kids'. They know how to take charge and be a leader and do not except failure. Our teachers take teaching very seriously. Every lesson plan, calendar and communication they compose is done with great thought and always with the child in mind.

We could go on and on, but the most important characteristic of a teacher is their capacity to love, and they do love with every fiber of their being. The kids are more than just bodies in their room, the kids become children of each teacher. A little piece of a teacher's heart goes with every child from their class. A great teacher never forgets even one of her 'kids' and still loves them even after they are gone from their class. Take time this month of May to thank your child's teacher!

Lifetouch - Picture Day will be on Thurs May 6th starting at 9:00am.

Reminder – Now that Spring is finally here, Summer is just around the corner. For all School-Age parents, don't forget to enroll your child in our Summer Program. Spaces are limited.



CHILDREN AND THEIR EMOTIONS

Young children deal with many of the same emotions as adults do. To them these emotions are BIG. They get mad, sad, frustrated, happy, embarrassed, or nervous, but they often do not have the words to say what they are feeling. Many children have a hard time understanding why they feel the way they do. Children will many times act out their emotions in physical and inappropriate ways. We need to help them identify these big feelings and the appropriate ways to express them.

Parents and teachers can help children understand and express their emotions by:

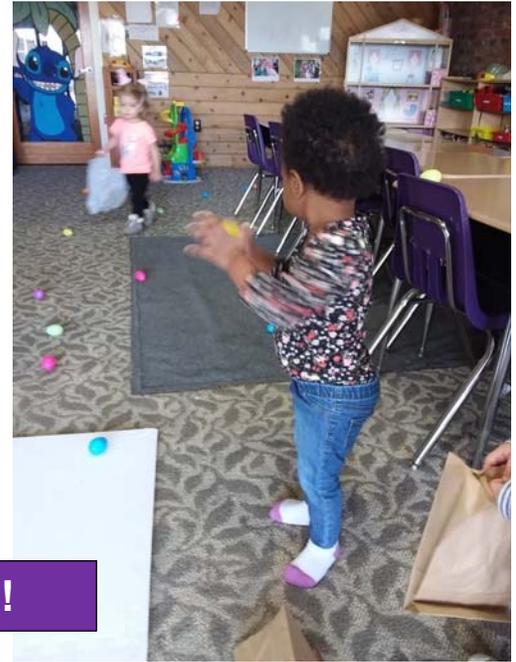
1. Helping children understand their emotions by first giving how they are feeling a name (angry, sad, happy, frustrated) and then talk to them about how they are feeling. By giving children labels for their emotions, this enables them to develop a vocabulary for talking about their feelings.
2. Give children many opportunities to identify feelings in themselves and in others. This will continue to build their understanding of feelings and to help develop empathy for others too.
3. Teach children some different ways they can respond to specific feelings, conflicts, or problems. Talk about your own feelings with children and the feelings of others. We can practice what a happy face, a sad face, or an angry face looks like in the mirror. Talk about different ways to help deal with specific emotions. Slow, deep breathing, counting to 5 or 10, take a short walk, ask an adult for help, or even color to fast music are a few examples.
4. Reading children's books that talk about feelings is a great way to help children understand feelings and reinforces their language skills with repeated readings.
5. Help children practice using the strategies during calm, quiet times. You can practice how different emotions look using a mirror and having the child look at their face and try to match the face expression you are making, talk and practice slow breathing, counting up to 5 and back down. With continued practice and conversation, children will slowly begin to use the techniques with gentle reminders, have them choose between 2 strategies when an emotion occurs that they need help with, and then finally on their own.

Praise children when they try and talk about their feelings. Let them know exactly what they did right and how proud you are that they are talking about their feelings. Tell children that they can feel any emotion they want—and it is OK to feel really angry or really scared or really sad. But, make it clear that they have choices in how they respond to those uncomfortable feelings. Support children as they talk and practice their strategies for expressing their feelings in appropriate ways every chance you can. The more often children practice expressing their feelings, the faster they will learn. Once you start these steps, it is a matter of continuing and adjusting strategies as children become older. Add more complex emotion names like brave, bored, shy, tense, impatient or confused. Have children begin to come up with other strategies they can use to help themselves with their big emotions. This can help them feel more in control of them.

**Read to your children, it's
the best investment you will
make in their education.**



A LOOK BACK AT APRIL EVENTS



EASTER EGG HUNT 2021!!!



YOUR FEEDBACK

We appreciate the wonderful feedback we have received so far! Thank you so much! Please support us by sharing that great feedback with others by giving us a 5-star review on our [website](#) or on our [Facebook](#) page. Thank you for your help and for being a part of our Bright Beginnings family!