



March 2024 Newsletter

THINK SPRING!!!

New Beginnings and New Growth!!!



Dear Parents,

So the saying goes, *March comes in like a Lion and out like a Lamb*. We'll see if the saying is true this year. February teased us with some Spring-like weather and then some bitter-cold snowy days. Let's hope Mother Nature makes her mind and Spring weather will soon be here to stay!

Don't forget about Daylight Savings on Sunday March 10th. It's so nice when the sun sets a little later in the evening and we get to enjoy the sunlight longer during the day.

Thank You, Thank You, to all of our Parents/ Grandparents that participate in educational presentations for our children while they were learning about all of the Community Helpers in our neighborhood!

You're Invited

Please join us for our Family Easter Egg Hunt and Party on Thursday March 28th at 2:30pm. Come and enjoy yummy treats, a creative Easter craft and an Easter Egg Hunt with your children.



Dates to Remember



- Mar 2nd – Dr. Seuss Birthday
- Mar 5th – Green Eggs & Ham
- Mar 7th – Silly Sock Day
- Mar 8th – Cat in the Hat PJ Day
- Mar 8th – Stroudsburg Schools Closed
- Mar 13th Build a Leprechaun Trap
- Mar 15th – St. Patrick's Day Party, wear **green!!!**
- Mar 19th – Lady Bug Cookies
- Mar 21st – Ants on a Log
- Mar 27th – Dyeing Easter Eggs
- Mar 28th – Easter Egg Hunt & Party at 2:30pm
- Mar 29th – Good Friday, Center Closed

March Birthdays



- Mar 5th – Ellie W & Christopher B
- Mar 14th – Ivory Q
- Mar 17th – Mariah W
- Mar 19th – Violet H
- Mar 28th – Evelyn C, Amari M & Ms. Devin
- Mar 31st – Brielle A

CLASSROOM NEWS!!!

Infant Room News:

We hope that everyone enjoyed their Valentine's Day, as our little ones enjoyed their party. How about that snowstorm we had the day before Valentine's Day...wow! Well kudos to all those who dug themselves out!

In February Isabella and Leo made their transition into the Waddler room! They will be sorely missed but they are more than ready for the move.

For those of you who do not know we have welcomed a new assistant teacher in the infant classroom. Please join me in welcoming Ms. Briana to our room, she is a wonderful addition to our family.

As always, we are happy to talk to you about your smart, important, and wonderful child!

- Ms. Peggy & Ms. Brianna



Waddler Room News:

The month of February was so much fun! The Waddlers enjoyed exchanging Valentine's, decorating hearts, and making Valentine bags filled with LOVE from their Friends! We learned about how Quincy's Dad helps people with their feelings.

We would like to Welcome Isabella and Leo into the Waddler classroom. They are enjoying being a part of our class and learning new things.

The month of March we will be celebrating Dr. Suess's Birthday and St. Patrick's Day. And we look forward to reading some great books by Dr. Suess!

- Ms. Laura & Ms. Devin



WELCOME OUR NEW STUDENTS!!!

We would like to welcome the new students that started this past month. Let's please welcome: Olivia V and Scarlett C to our Infant Classroom.

We are very happy to have you join our Bright Beginnings family!



MARCH WEEKLY THEMES

Week 1: Dr. Seuss

Week 2: Baby Animals

Week 3: Insects

Week 5: Easter



SCHOLASTIC BOOKS ORDERS!!!

We will be doing our monthly Scholastic Book orders again!

This is a great way to get some children's books for your child's collection and help us earn free books for the school! Orders are due the 15th of the month and shipped right to the school for easy pick up. You can order using the order forms or online.



CLASSROOM NEWS CONTINUED!!!

Toddler Room News:

Merry March, Toddler Room Grown Ups! We seemed to get a little taste of Spring last month and we're hoping it's here to stay!

We had lots of fun in February. The kids enjoyed their tea party for Valentine's Day and finger painting a mural. We also enjoyed listening to presentations during Community Helpers week.

The kids currently love cutting paper, playing outside, building & stacking blocks, magna tiles, and reading "The Gruffalo" by Julia Donaldson. We've been working on recognizing colors and our names.

This month, we will be reading some favorite Dr. Seuss books to celebrate his birthday, and we will try to catch a leprechaun around St. Patrick's Day – wish us luck!

As always, thank you for washing hands upon arrival and providing appropriate winter-wear for outside play!

- Ms. Stacey & Ms. Karlyn



Preschool Room News:

Hi to our Preschool Families,

We would like to introduce ourselves. We are the new preschool teachers, Mr. Terrance and Ms. Sonia.

We just wanted to give you a little more information & background about ourselves. I, Mr. Terrance, have been working in childcare for about 13 years. It all started with my first summer job back in 2012. I was a camp counselor. This experience as a counselor made me realize how much I enjoyed working with children.

Hi, my name is Sonia. I have been working with children for about 25 plus years. I am honored to have met your little ones and to be working with them to reach goals. I'm looking forward to working with my parents to reach educational goals. We have an exciting year with lots of learning and fun activities planned.

Just a recap of the month of February. This was black history month, but for the first week we learned about George Washington Carver & Garret Morgan, we also taught the children about Stevie Wonder.

The second week in February the theme was love is in the air we taught the children about showing love & kindness to each other, this week we are teaching the children about community helpers like a fire fighter, postal worker, doctors.

The following week's theme is math, we will be incorporating Spanish in our classroom and teaching the kids how to count from 1 to 10 in Spanish.

- Mr. Terrance & Ms. Sonia



REFERRAL PLAN

Invite family or friends to visit our center. When they enroll with us you earn \$50 in cash or a \$50 credit towards your next invoice.



CLASSROOM NEWS CONTINUED!!!

Pre-K Room News:

Hello Pre-K Families,

Just like that February came and went!

The month of February was kicked off learning about and waiting for our cute little Groundhog's prediction and uhmmmm, well his prediction seems like it was a bit off 😞

We had a great time during Black History Week learning about Famous Black Americans that helped make history. Inventors, musicians, poets, baseball players and civil rights leaders. We listened to stories, music and made our very own unity poster. It was so nice to have Mrs. Dina join us on that special day. When it was time to hang the poster, our Hazel thought the best spot for it was to next to the flag, "because our Country stands for LOVE."

Of course, our Love Is in the Air week was super SWEET. We made Valentine's Day cards and special hearts for our loved ones. The children were all so excited to see their cubbies full of cards and sweet treats from their classmates. Fun was had by all.

Community Helper's Week; is always a special week. Not only do we learn about our Community Helper's, but many of our Parents and even Grandparents take time out of their busy day to come to our center and give special presentations to the children. A very special THANK YOU to all!!

Math Exploration week was a BLAST. From counting, adding and subtracting, measuring, learning the value of money and numerous number games, the children had a great time.

We had a wonderful February as the children continue to do great things!!!

We are so EXCITED for March, such a FUN month from beginning to end. From Dr. Seuss week (my absolute favorite week), Leprechaun shenanigans, Easter and beginning graduation practice. That's all I can say for now, you'll have to check back in for the April Newsletter.

Stay tuned!!!

- Ms. Lisa & Ms. B



COOK'S CORNER:

I can't believe that we will be moving into March soon. Come on SPRING!! I love cooking for the center. A few meals that the children loved in February were the Meat and Cheese roll ups with crackers, cucumbers and tomatoes. Spaghetti and meat sauce is always a big hit. And my homemade banana bread is an all-time favorite with ALL the children and the staff. Waffles are the breakfast favorite. We tried nachos and cheese, and the children went crazy over it. Please let me know if you have any new ideas for meals. Thank you. - Chef Amanda



CLASSROOM NEWS CONTINUED!!!

School Age News:

Hello, hello, hello! Welcome to March and hopefully saying bye (real soon) to the cold weather!

February was a great month. The children had some snow days. On days Stroudsburg School District was closed, the children that were present at the center had a chance to spend some time with the Toddlers who visited the classroom. They made bracelets with them and even played with some of the other toys with them such as blocks and magnetic tiles. It's such a pleasure to see them being positive role models and interacting with the Toddlers.

As a reminder, I am asking the parents to speak to the children about cleaning up after themselves. Whether it's after a snack or moving on to a new activity, the children must clean up. It helps keep the classroom clean, organized, and free of clutter.

- Ms. Crystal, Ms. Gail, Ms. Julia & Ms. Meghan

Growing Independence: Tips for Parents of Young Children

Children Love to Learn

- Open and honest communication will create a lifelong closeness with your child.
- Routines and responsibilities will let your child know what to expect. When a rule is broken, a natural consequence needs to follow.
- As you teach your child how to be independent, you also need to teach how to be safe.
- Learning how to be a good friend is an important skill you can teach your child.
- Beginning to develop their independence and form real friendships.
- Developing important life skills.

Set Limits. When children do something against the rules, explain simply and in a few words:

- That what they did was wrong
- What will happen if the behavior continues Consequences need to be logical, meaningful, and simple. For example:
 - If your child rides a bike without a helmet, the bike is off limits for a day or two.
 - When your child won't share a toy, that toy can't be used for the rest of the day.

**Read to your children, it's
the best investment you will
make in their education.**



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Create and Keep Routines. Teach about rules by setting up daily routines. Children do best when they know what to expect. Schedule specific times for TV, video games, and use of the computer. When you know what your child is watching, you should avoid violence and other unacceptable content. Limit “total screen time” to no more than 2 hours a day. Have meals together as much as possible. This is a great way to spend time together and share family traditions, while also teaching good eating habits and table manners.

Take Time to Talk and Listen. Children feel important when adults take the time to talk with them. Talking often, and about many things, helps them gain self-confidence. Ask about friendships and the activities that your child enjoys. Talk about your own best and worst experiences. Let your child know that it’s OK to have and talk about negative feelings. Share the best and hard parts of your day. This teaches your child that we all have ups and downs.

Assign Responsibility: When young children copy everyday household tasks, they are really learning how to contribute. With your support, tasks will soon be done with few reminders. As children grow older, they can begin to take on real responsibilities, such as setting the table, putting away their toys, feeding the pets, placing dirty clothes in a basket. Watch your child’s self-esteem grow when given the chance to help out.

Encourage Independence: First, this may take a little more time than helping your child get dressed or take a bath, but it is time well spent. Independence comes with practice, and with your guidance. If you get the clothes ready the night before, the morning routine will involve only getting dressed. This way, your child can focus on just one thing. Your child may need to be reminded of all the steps. Praise your child’s efforts and successes.

Help Your Child Become a Good Friend: They will have fun times as well as arguments and hurt feelings. It can be tempting for parents to try to solve these problems themselves or by talking with the other child’s parent. Instead, guide your child to solve problems. With your help, your child can learn how to solve social problems.

- Help your child understand the other child’s point of view. “Suzie wants a turn too.”
- Teach your child the following: Stay calm. Do not hit, grab, or shove.
- Use words like: “I get upset when you talk to me like that.” “I’m sad you don’t want to play with me.” “I’m angry you took the ball from me.”

This is how they begin to develop the confidence and skills to communicate honestly, calmly, and politely with others.

Source: Connected Kids: Safe, Strong, Secure (Copyright © 2006 American Academy of Pediatrics)

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A LOOK BACK AT FEBRUARY EVENTS



YOUR FEEDBACK

We appreciate the wonderful feedback we have received so far! Thank you so much! Please support us by sharing that great feedback with others by giving us a 5-star review on our [website](#) or on our [Facebook](#) page. Thank you for your help and for being a part of our Bright Beginnings family!