



## June 2024 Newsletter

# SUMMER IS FINALLY HERE!

*Let's enjoy the sunshine!!!*



Dear Parents,

The School Year is coming to an end and Summer is near! It's time for warmer weather and a lot of time to play outside. As always, we are excited to provide your child with wonderful summer experiences filled with exploration, creativity and of course, FUN! Children will engage in sprinkler play so don't forget to bring a bathing suit, towel, and water shoes for your child. If you have not done so already, please fill out the Sunscreen permission slip form. Bright Beginnings provides Banana Boat Sunscreen for all children, but we need a permission slip to apply.

**Sneakers** are the safest and best footwear to try to prevent accidental falls while playing outside. **Children are not permitted to wear shoes with heels or flip flops.** Thank You for your cooperation.



**Pre-K Graduation  
June 5<sup>th</sup> at 6:00pm**



**Happy Father's Day:** A father's gifts of quality time, life-giving words, and positive actions have a long-lasting impact on his children.



**Donuts with Dad  
June 14<sup>th</sup> at 3:00pm**



**Happy  
Fathers  
Day!** ★

## Dates to Remember

- Jun 4<sup>th</sup> – 6<sup>th</sup> – Early Dismissal, Last Day of School SASD
- Jun 5<sup>th</sup> – Graduation Day!
- Jun 7<sup>th</sup> – Do the Limbo
- Jun 10<sup>th</sup> – Create Father's Day Card & Gift
- Jun 12<sup>th</sup> – Bring your Favorite Sunglasses to School
- Jun 14<sup>th</sup> - Donuts with Dad @ 3:00pm
- Jun 18<sup>th</sup> – Dinosaur Movement Cube Activity
- Jun 19<sup>th</sup> – Lucky Dutchman Gem Presentation 10am
- June 21<sup>st</sup> – Mud Painting
- June 25<sup>th</sup> – Marble Painting
- June 28<sup>th</sup> – Circus Fun Day

## June Birthdays

- Jun 4<sup>th</sup> – Ms. Julia
- Jun 6<sup>th</sup> – Jackson S
- Jun 11<sup>th</sup> – Cayla Z
- Jun 12<sup>th</sup> – Marcus K
- Jun 13<sup>th</sup> – Leah R
- Jun 14<sup>th</sup> - David A
- Jun 18<sup>th</sup> – Ms. Karlyn
- Jun 30<sup>th</sup> – Ms. Lisa



# CLASSROOM NEWS!!!

## Infant Room News:

Hello infant Parents!

Last month we Celebrated Mother's Day with all our wonderful moms who deserve to be appreciated, always! No one loves us like our moms. This month we will celebrate summer, make musical instruments, and pretend to be our favorite circus animals.

We want to say our congratulations to our friend Amari as he made his transition to the Waddler room, he will be missed!

As always, we will be concentrating and focusing on using motor skills such as utensils while eating, crawling, and for some of our little ones, walking!

Wishing you all a safe and happy summer!

- Ms. Peggy & Ms. Brianna

## Waddler Room News:

Let's recap some of our fun May activities...we went on a bear hunt, searched for other forest animals, we listened to rainforest sounds, we counted tropical birds, and we also enjoyed our special time celebrating Mother's Day with our Moms!

We would like to welcome Amari to our class.

We are looking forward to celebrating our Dads and enjoying nice hot days getting wet with the sprinkler.

- Ms. Laura



# WELCOME OUR NEW STUDENTS & STAFF!!!

We like to welcome back Ms. Rose as the School Age summer teacher!

We would also like to welcome back Ashley for the summer in our school age classroom. We would like to welcome Cameron W to the Pre-K classroom.

We are very happy to have you join our Bright Beginnings family!

## JUNE WEEKLY THEMES

**Week 1: Musical Jamboree**

**Week 2: Summer Fun!**



**Week 3: Dino Dig**

**Week 4: Circus Fun**



# SCHOLASTIC BOOKS ORDERS!!!

We will be doing our monthly Scholastic Book orders again!

This is a great way to get some children's books for your child's collection and help us earn free books for the school! Orders are due the 15<sup>th</sup> of the month and shipped right to the school for easy pick up. You can order using the order forms or online.



# CLASSROOM NEWS CONTINUED!!!

## Toddler Room News:

Hello families,

As we wrapped up the month of May the toddlers learned about the rainforest. They enjoyed doing certain activities, for example, the children did animal painting, and they just couldn't stop having fun and got paint all over themselves. We made a cat by painting the plastic cup orange and by putting pom poms and fuzzy pipe cleaners to make it cute and adorable, which the children are very excited about. Next, we explored space and astronauts in which I couldn't wait to introduce that topic to my students.

Then Parent/ Teacher conferences were right around the corner, and it was nice to talk to the parents and discuss the progress their child is making and discuss any questions or concerns the parents had about their child. Please feel free to discuss any next steps, such as what you want your child to learn more on or any activities that your child is interested in that I don't know about.

As I had mentioned before, a lot of the children are bringing apple juice inside their sippy cups, please provide your child with only water in their sippy cups and nothing else. Thank you!

Ms. Ruhma & Ms. Emily



## Preschool Room News:

Hello preschool parents:

We did a lot of fun activities in May. We had a visit from the book mobile, and it was our classes turn to go inside and Mr. Eric read about being healthy and colors.

We had fun celebrating Mother's Day with a nice tea party. We gave our moms the beautiful Mother's Day cards and pictures we made.

Our monthly themes for May were forest friends, rainforest, space and way out west. We learned about different animals that live in the forest in our community and the animals that live in the rainforest. During space week we learned about our planets, moon and the sun in our solar system. We even made silly alien faces...hey, you never know what's in outer space. And during the last week in May we learned about cowboys that live out west and to never touch a pointy cactus, ouch!

Just a reminder the weather has been cool some days and would like to ask our parents to bring a light jacket. We look forward to having a great summer with lots of fun activities.

- Ms. Sonia & Ms. Karlyn



## REFERRAL PLAN

Invite family or friends to visit our center. When they enroll with us you earn \$50 in cash or a \$50 credit towards your next invoice.



# CLASSROOM NEWS CONTINUED!!!

## Pre-K Room News:

Hey There Pre-K Families,

Just like that, May came and went. Well they do say time flies when you're having FUN, and that's exactly what we had, lots of FUN...

First let's start by welcoming Cameron to our Pre-K room, he's been a perfect fit.

May started out BITTERSWEET with picture day for our Pre-K students, which means graduation is right around the corner. My heart is full of emotions. As I am so very proud of each and every one of our students but, it's going to be hard to see them go.

Our Mother's Day Tea was a wonderful day, we love seeing and getting to talk with the Moms and Grandmas. The children always get so excited which is absolutely precious.

We learned about Forest Life, Rainforest life and the difference between the two, I think learning about the different animals was the most exciting, especially the sloths.

Space and Astronaut week was a BLAST!!! We learned about the planets and the solar system. We did an experiment creating fizzy space rocks, learned about the different phases of the moon using some yummy Oreos and made some really cool space Art.

Our month ended with honoring our Veterans both past and present with some cool flag art for Memorial Day! We also had a great time with our Wild West theme, reading cowboy stories and creating some fun art.

Don't forget to save the Date June 5th, 2024, is Pre-K Graduation Day 🎓

Stay tuned for June, it's going to be AMAZING!!!

- Ms. Lisa & Ms. Ana



**Read to your children, it's  
the best investment you will  
make in their education.**



# CLASSROOM NEWS CONTINUED!!!

## School Age

Hello, hello, hello!

Welcome to June!!! School is OUT. Summer is IN!!!!

May was a great month as the children created new artwork for the classroom and played with the magnetic tiles with the Waddlers. We also played cards with Ms. Gail.

We would like to welcome Ashley and Ms. Rose back for the summer! We would also like to welcome to Bright Beginnings Delilah C., Daniel S, and Jiaruiming Z. for the summer!

I want to make sure that the children have everything they need to enjoy their summer with us; so, with that, parents please make sure of the following if your child will be attending:

- ✓ Please see Ms. Crystal to complete the Sunscreen form, if needed. The center is providing Banana Boat sunscreen. If your child needs sunscreen and we do not have a form on file, the child will not be able to use it.
- ✓ Please look into buying a water bottle that can be reused daily as we want to make sure the children are well-hydrated while they are outside playing.
- ✓ Please make sure that the children have their pillows and blankets for quiet/movie time.
- ✓ Remember that with the food program, the children will be provided breakfast, lunch, and pm snack. No outside food allowed! Breakfast starts at 8:45 am. If the children arrive after 9 am, breakfast may be missed. If this is the case, please ensure you feed your child before entering the center.

Most importantly, please remind the children that respect is necessary in the classroom. No one should be rude to anyone or make each other feel like they are not accepted. This is unacceptable behavior. I have already spoken to the children about this, I am asking that you please speak with the children as well. Thank you so much and let's get ready for an awesome summer.

- Ms. Crystal, Ms. Meghan, Ms. Rose & Ms. Gail



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## Eliminate Barriers to Risk Taking in Outdoor Play

BY: AMANDA STEINER, ANNE KARABON, LEAH LITZ

All children need daily, sustained opportunities to play outdoors, where they can learn about their bodies in space and use big muscle movements to climb, crawl, run, and jump. Outdoor play is part of developmentally appropriate practice, and the American Academy of Pediatrics recommends children spend 60 minutes daily working their large muscles. Research, however, continues to show an increase in indoor, sedentary activity. A 2020 report from the academy went so far as to recommend pediatricians write prescriptions for physical activity.

Outdoor play includes running and moving vigorously, climbing on equipment, and navigating uneven terrain. It also includes boisterous large motor activities like tag, tumbling, and pretend fighting. This physicality gets hearts pumping and blood flowing, both of which support cardiovascular and muscular fitness, bone health, and healthy weight.

Yet the benefits of outdoor play aren't just physical. It also allows children to challenge themselves and become appraisers of risk. This, in turn, helps develop cognitive, social and emotional, and self-regulatory skills.

Outdoor play environments such as parks, playgrounds, and community spaces are often familiar to children. As they grow in their comfort with these areas, their desire to test their limits and explore their capabilities grows. Yet early childhood educators often impose limits on risky play in an effort to promote safety. For example, they may not allow children to walk up the slide, even though this promotes the use of large muscle groups not activated when sliding down.

While well-intentioned, imposing rigid rules on how children engage in the outdoors can lead to missed opportunities for development in multiple domains. (For more about this, see "Climbing Trees, Risk, and Relationships: Using Nature to Empower Children," by Ron Grady, in the Fall 2021 issue of Teaching Young Children.) As they climb up slides, jump over equipment, and chase each other, children learn to assess risk, devise a plan, and take action. They make decisions and problem solve when they face a challenging moment. They also learn to process and navigate their feelings and emotions. These actions build resilience as children experience success or challenges.

While not every child will approach risk taking with the same enthusiasm, it's up to educators to foster risk taking in safe and meaningful ways that are responsive to each child's individual strengths and needs. By encouraging children to explore their world and use problem-solving skills to appraise risk, educators foster developmentally appropriate big body movement and outdoor play.

**Read to your children, it's  
the best investment you will  
make in their education.**



# A LOOK BACK AT MAY EVENTS



## YOUR FEEDBACK

We appreciate the wonderful feedback we have received so far! Thank you so much! Please support us by sharing that great feedback with others by giving us a 5-star review on our [website](#) or on our [Facebook](#) page. Thank you for your help and for being a part of our Bright Beginnings family!