



FALL IS HERE!!! THERE IS SO MUCH THAT WE CAN DO!!!



Dear Parents,

We began our new school year with children familiarizing themselves with their teacher, classroom routine and friends, and now they are ready to take on a new adventure in learning.

"The road to anywhere begins in the classroom."

- Hubert Humphrey

Now it's time to get ready for Fun Fall Festivities! Don't forget to bring in an extra set of clothes appropriate for the season.

Our Halloween Parade and Trunk-or-Treat will be held on Friday October 31st at 3:00pm. We will be looking for families to volunteer and decorate their vehicle trunks and give out candy to the children. Please let us know by Friday October 17th if you would like to participate. We would also like to remind our families that children are to remain with their classroom teachers during the parade. Please do not approach the children during the parade. This is to maintain the safety of our children and staff.

We will be scheduling our Parent/ Teacher Conferences in November, please look for more information to follow.



UPCOMING EVENTS

- Oct 2 - Vehicle Show & Tell
- Oct 9- Smokey the Bear Presentation (10am)
- Oct TBD - Fire Dept. Visit
- Oct 7 - Sensory Fun, Squirt the Fire!
- Oct 13 - Columbus Day, Stroudsburg Area Schools Closed
- Oct 13 - Dancing Corn Science Experiment
- Oct 17 - Fall Fun Pajama Day
- Oct 22 - Construction Tool Painting
- Oct 27 - Classroom Pumpkin Carving
- Oct 31 - Halloween Trunk-or-Treat Parade @ 3:00pm

HAPPY HALLOWEEN



WELCOME OUR NEW STUDENTS !!!

We are excited to welcome our newest students!

- Felix S. joins our Infant classroom
- Roman G. joins our Waddler classroom
- Me'Shira J. and James W. join our Toddler classroom

We're so glad to have them with us!



**STROUDSBURG
AREA SCHOOLS
CLOSED
OCT 13TH**

SCHOLASTIC BOOK ORDERS



We place Scholastic Book orders monthly! This is a great way to get some children's books for your child's collection and help us earn free books for the school! Orders are due the 15th of the month and shipped right to the school for easy pick up. You can order using the order forms or online.



**HALLOWEEN PARADE
OCT 31ST, 3PM**

**HAPPY
BIRTHDAY**
TO YOU



**Oct 3 - Cash W.
Oct 10 - Shea H.
Oct 12 - Oliver W.
Oct 14 - Adelyn L.
Oct 16 - Geneiveve K.
Oct 17 - Jaelis I.
Oct 19 - Karter W.
Oct 23 - Harvey B.**

OCTOBER WEEKLY THEMES

Week 1: Transportation



Week 2: Fire Safety



Week 3: Fall

Week 4: Construction

Week 5: Halloween





Classroom News

INFANT ROOM

Hello Infant Parents,

September was quite a month in the infant room as we focused on our wonderful families! We discussed family dynamics, our emotions (and how to handle them), our five senses, and welcomed our wonderful grandparents into the center for a visit.

Everyone smiled big for pictures and looked so grown up! Our friend Layla graduated to the Waddler room and is doing fantastic!

In October, we will learn about fire safety, explore construction, and of course celebrate Halloween with our annual Trunk-or-Treat parade!

Enjoy the beautiful weather, and remember to make time to read to your children!

Ms. Peggy



REFERRAL PLAN

Invite family or friends to visit our center. When they enroll with us you earn \$50 in cash or a \$50 credit towards your next invoice.



WADDLER ROOM

Hello Waddler Room Parents, The month of September was filled with fun! The Waddlers enjoyed looking at pictures of their families and pets—thank you, parents, for sharing those wonderful photos. The children then drew pictures of their families and proudly told us, "Who did you draw?"

We also learned all about emotions. Everyone participated in an activity where they pointed to their feelings and said whether they were sad, happy, or mad. Great job, Waddlers!

We are excited to welcome Layla and Roman to our class and wish them a smooth transition into the Waddler room.

Ms. Laura & Ms. Brenda





Classroom News

TODDLERS

Hello Toddler Families,

September was all about getting to know ourselves and building important early skills. Our little learners had so much fun growing and learning together!

We practiced identifying the first letter of our names, pointing them out on cubbies, artwork, and name cards. We also sang songs and played games to help us learn those special letters.

To strengthen the small muscles in our hands, we began tracing lines and shapes—an important step toward writing! The kids enjoyed using crayons, markers, and even their fingers in sensory trays.

A special congratulations to all of our friends who are now potty trained — we are SO proud of you! And to those still working on it: keep going, you're doing an amazing job! Potty training isn't always easy, but with teamwork between parents and teachers, it goes much more smoothly. Thank you, parents, for your patience, encouragement, and consistency at home.

We're so excited about everything coming up in October! It's going to be a month full of hands-on learning, safety lessons, and fall fun.

🔥 Fire Safety Week: We'll practice "Stop, Drop, and Roll," discover what firefighters do, listen to fire alarms, explore gear and fire trucks, and maybe even meet some special visitors!

🚧 Construction Week: We'll explore the world of building by learning about trucks like bulldozers, diggers, and dump trucks. The children will use toy tools for pretend play and build towers and structures with blocks.

🎃 Pumpkin Fun: We'll get creative with pumpkin activities—exploring pumpkins inside and out, sensory play with seeds, and even helping to carve a pumpkin.

👻 Trunk-or-Treat: At the end of the month, children can come in costume to parade around, visit decorated trunks, collect treats, play fall games, and celebrate together.

- Ms. Alana & Mr.. Luis





Classroom News

SCHOOL AGE

Hello Families:

In September, the children enjoyed fun mornings while waiting for the bus. They played freeze tag and shared their imaginations with Ms. Crystal as they looked at the clouds, some saw shapes, while others saw cups of hot cocoa with marshmallows and whipped cream, yum!

We also talked about our families, pets, and morning routines. Then we explored emotions and shared what makes us happy, sad, or scared. It was a wonderful way to learn more about each other, let's keep it going!

In October, we'll focus on fire safety and the importance of knowing what to do if a fire occurs at home. We'll review safety rules and even practice our own evacuation plans.

We'll also celebrate fall, enjoying the changing leaves, Halloween fun, and tasty autumn treats. During construction week, we'll be busy building and creating Halloween bags for our annual Trick-or-Treat event.

School Age Fun Facts for October:

- October 5th: World Teacher's Day, celebrate our amazing teachers!
- October 10th: World Mental Health Day, a reminder to spread kindness and understanding.

With excitement,

– Ms. Crystal, Ms. Tiffany & Ms. Rose



Read to your children, it's the best investment you will make in their education.

PRESCHOOL ROOM

Hello Preschool Families,

We are so excited to be learning again as we begin a new school year! We were so happy to welcome our new friends, Brielle A. and Ellie W., as they transitioned from the toddler classroom.

We also said goodbye to our friend Elijah as he started a new adventure. Good luck, Elijah—we will miss you!

In September, we have already learned so much about ourselves, our families, our friends, and our emotions! Ms. Mariane has also taught us a kind "cool down" method to use when we're feeling lots of emotions, and that's okay.

We explored new letters, practiced words that begin with those letters, and worked on numbers, shapes, and colors.

A big highlight was Grandparents' Day! We were so happy to welcome our grandparents during the school day—thank you for spending time with us!

As the weather gets colder, please remember to send in appropriate clothing so our little ones stay warm while playing outside, as well as extra clothes in case of accidents.

Thank you—we can't wait to keep learning and growing together!

Ms. Mariane





Classroom News

PRE-K ROOM

JHappy Fall, Y'all!

September was a BLAST! We kicked things off by welcoming Artie, Asher, Everleigh, Gwenivere, Jolene, Kennedy, Keyrie, and Manmeet to our Pre-K class. Everyone has settled in so nicely, and it's been wonderful to watch all the new friendships forming.

We began the month by sharing about ourselves and the things we enjoy. There is so much talent in this room, we are definitely in for an exciting year!

Family and Pet Week was a highlight as we shared pictures of our loved ones and furry friends. All of the photos were placed on our family wall, along with a class picture. After all, we are family too!

Feelings and Emotions Week was especially meaningful. We talked about how to use our words to express ourselves and how important it is to respect each other's feelings. We also began visiting our affirmation wall, where the children love reciting daily affirmations that remind them just how special each of them is.

The children are doing a WONDERFUL job learning the alphabet, numbers, days of the week, and months of the year, in English, Spanish, and Sign Language! The color of the month was RED, and we loved hearing them roll their R's. Karter even declared, "My favorite color is RRRROJO!"

During Five Senses Week, we went on nature walks, did scavenger hunts, and tried blindfolded taste, smell, and touch tests. We even made scented play dough, so much to explore!

Johnny Appleseed Day was a treat. We read about his adventures and how he became an American icon by teaching others to plant seeds that grew into beautiful apple trees. Then, we painted some colorful apple trees of our own.

Transportation Week was full of fun too! We learned about all the different ways people travel and even looked back in history to discover how people got around before cars and planes. Learning truly is an adventure!

This is going to be an amazing year, I can't wait to see what October brings!

Ms. Lisa & Ms. Marci





Raising Kids

DEVELOPMENTAL MILESTONES



Childhood is a time of incredible growth, learning, and discovery. Throughout these formative years, parents often wonder whether their child is meeting expected developmental milestones. These milestones are guidelines for typical progress in areas such as language, motor skills, social interaction, and cognition. In this article, we will explore what developmental milestones are, what you can expect to see as your child grows, how to recognize signs of developmental delays, and when early intervention may be beneficial.

What Are Developmental Milestones?

Developmental milestones are age-specific behavioral or physical checkpoints used to gauge a child's growth and progress. They serve as broad markers that help track whether a child is acquiring essential skills in line with their peers. While every child develops at a unique pace, these milestones are typically aligned with age ranges. Pediatricians, educators, and parents refer to them as a framework for understanding whether a child is reaching certain benchmarks.

Some common developmental categories include:

- **Gross and fine motor skills:** Rolling over, sitting unassisted, crawling, walking, holding objects, and drawing
- **Language and communication skills:** Babbling, saying first words, developing vocabulary, and forming sentences
- **Social and emotional skills:** Smiling in response to interactions, taking turns with peers, and showing empathy
- **Cognitive skills:** Recognizing familiar objects, problem-solving, following simple instructions, and expanding curiosity about the world

What to Expect as Your Child Ages

Birth to 12 Months:

- Shows curiosity by turning toward sounds and observing surroundings
- Begins to babble, coo, and respond to familiar voices
- Develops control over the head and neck, gradually progressing to rolling over and sitting independently
- Demonstrates chewing as they transition from liquid to puree, then solid foods

continued on next page



Raising Kids

DEVELOPMENTAL MILESTONES (CONTINUED)

1 to 2 Years:

- Learns to walk, possibly with a wobbly or unsteady gait at first
- Speaks in simple words or short phrases ("mama," "dada," or "more")
- Shows increasing independence, such as wanting to feed themselves
- Engages in parallel play, where children play alongside rather than directly with each other

3 to 5 Years:

- Communicates in more complete sentences or phrases and expands vocabulary
- Improves fine motor skills (e.g., using scissors, drawing shapes)
- Demonstrates imaginative play, often imitating familiar routines or characters
- Learns social concepts such as sharing, taking turns, and following simple rules

6 to 12 Years (School Age):

- Refines gross motor skills, becoming adept at running, jumping, and climbing
- Handles more complex language tasks, such as reading and writing
- Develops deeper friendships and navigates more intricate social situations
- Shows enhanced cognitive abilities, including problem-solving and logical reasoning

It is important to remember that these milestones serve as broad markers. Some children may reach these benchmarks a bit earlier or later than their peers. However, if a child shows consistent or significant delays, an evaluation could be beneficial.

What Is Early Intervention?

Early intervention is a system of supports and services provided to children who display signs of developmental delays or specific health conditions. These services can include:

- **Speech therapy:** Helping improve communication and language skills
- **Physical therapy:** Guiding children to strengthen motor skills and coordination
- **Occupational therapy:** Focusing on fine motor abilities, sensory integration, and self-care tasks
- **Developmental instruction:** Offering educational strategies that foster cognitive growth and social skills

Early intervention is especially effective in the first few years of life, a period of rapid brain development. Addressing any concerns during this critical window can prevent more significant challenges later on and support children in reaching their fullest potential.

continued on next page



Raising Kids

DEVELOPMENTAL MILESTONES (CONTINUED)

Signs Your Child May Need Early Intervention

Below are some indicators that could suggest the need for a professional evaluation:

- **Not meeting age-appropriate milestones:** If your child is noticeably behind in areas such as speech, crawling, or other skills outlined in developmental charts, it may be time to consult a professional.
- **Regression of skills:** If your child once mastered a skill, such as saying a few words, and then gradually stopped, this could be a red flag.
- **Ongoing social or emotional difficulties:** Children who consistently struggle to engage with others, show extreme mood swings, or have trouble adapting to routine changes might benefit from an evaluation.
- **Persistent feeding or mobility issues:** Chronic difficulties with chewing, swallowing, walking, or coordination can signal an underlying challenge that requires specialized support.

If you suspect your child may have a developmental delay, don't wait. Taking proactive steps now can foster a brighter future for your child. Early intervention can make a significant difference in helping them catch up to their peers, gain confidence, and develop the skills they need to thrive in everyday life.

Source: <https://www.barcprograms.org/>



continued on next page



1431 North 9th Street, Stroudsburg PA 18360
570-872-9750 | www.bright-beginnings.org

A Lookback at September Events



GRANDPARENTS DAY!!!



YOUR FEEDBACK

We appreciate the wonderful feedback we have received! Thank you so much! Please support us by sharing that great feedback with others by giving us a 5-star review on our [website](http://www.bright-beginnings.org) or on our [Facebook](https://www.facebook.com/brightbeginnings) page. Thank you for your help and for being a part of our Bright Beginnings family!

© Copyright 2025
Bright Beginnings
Daycare & Preschool
All Rights Reserved